

The Nonsuch Park Leaf

Approx. Miles	Instruction	Notes
0	Start northwards along High Street L into St.Nicholas Road L onto footway S/O at toucan crossing to cross St. Nicholas Way S/O Gibson Road R at multi-storey car park (Robin Hood Lane) L Camden Road S/O Western Road (pass school on R) S/O Tate Road R Gander Green Lane (pass shops) S/O (L) Quarry Park Road, up hill and R onto path (SP cycle route Cheam/Epsom) L at end (care) S/O by-pass (care) to Love Lane L & R Park Road S/O onto cycle track L and cross Malden Road on pedestrian crossing S/O Park Lane (no sign) L by West Dene flats R onto cycle track parallel with Ewell Road	<i>"Ye Olde Red Lion" on L</i> <i>Whitehall opposite</i> <i>old cottages on L</i>
1.6	R onto road into Nonsuch Park S/O past barrier L onto wide track after 0.17 miles (SP "Public Footpath" and "Loop") S/O at concrete roads S/O along track and under railway arch L Holmwood Road 2nd R Wonerish Way Bear L to main road Cross Cheam Road (use toucan crossing)	<i>Mansion House garden on R</i>
2.6	S/O West Drive L Sandy Lane 2nd R Upper Mulgrave Road and under by-pass 2nd R Cornwall Road 2nd L Grange Road S/O (mini roundabout at York Road) Grange Road	<i>you are now half way</i>
4.1	2nd R Overton Road 2nd L Camborne Road and round L hand bend Bear R Grange Road (no sign) R Worcester Road S/O Bridge Road L Grove Road R with through traffic Sutton Park Road (R lane) R Cheam Road	
5.1	L High Street to Town Square	Report to marshal

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The Park Farm Leaf

Approx. Miles	instruction	Notes
0	Start northwards along High Street L into St.Nicholas Road L onto footway S/O at toucan crossing to cross St. Nicholas Way S/O Gibson Road R at multi-storey car park (Robin Hood Lane) S/O Robin Hood Lane S/O Collingwood Road L (immediately after railway bridge) across Recreation Ground R Gander Green Lane S/O (traffic lights, cross by-pass) Gander Green Lane 1st L Windsor Avenue R (T junction) Henley Avenue 2nd L Esher Avenue	<i>"Robin Hood" on R</i> <i>give way to pedestrians</i> <i>St.Alban's barn church on L</i>
2.0	R onto cycle path Bear L from cycle path onto road from supermarket R to traffic lights R & L (across London Road) Lloyd Road S/O Bedford Road 2nd R Colborne Way L Ebbisham Road R Ruskin Drive	<i>Fairlands Park</i> <i>you are now half way</i>
3.1	R Dorchester Road L (crossroads) Boscombe Road 1st R Charminster Road R Trafalgar Avenue L London Road Cross London Road using zebra Bear R onto path (before bus stop) continue to road junction S/O Willow Walk and through posts	<i>Pyl Brook on L</i> <i>Pyl Brook on R</i>
4.3	through posts at end and R onto footway to toucan L to cross by-pass on toucan R & L into Collingwood Road L & R Robin Hood Lane S/O into cycle lane L Gibson Road (still cycle lane) S/O across St. Nicholas Way (toucan) S/O into St. Nicholas Road	<i>"Robin Hood" on L</i>
5.4	R into Town Square	Report to marshal

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Cyclism

Campaigning for cyclists in the
London Borough of Sutton

020 8642 3720

www.cyclism.org.uk

www.getsuttoncycling.org.uk



Cyclism

CLOVERLEAF CYCLE RIDES

Before you start please read these notes:

1. **Select** one of the five routes which attracts you.

They are entitled:

Beeches Leaf,
Nonsuch Park Leaf,
Park Farm Leaf,
Rosehill Leaf and
Wandle Leaf.

Key to Instructions:

L = turn LEFT (or on your Left)
R = turn RIGHT (or on your Right)
S/O = STRAIGHT ON or STRAIGHT OVER
to road facing you.
SP = signposted

Each route (or "leaf") is approximately 5 miles:
Ride one or more "leaves" within the time 7 - 9 pm.
All "leaves" start and finish in the Town Square

2. **Check your bike:**

Do your brakes stop you quickly?
Are your tyres pumped hard?
Any loose or rattling parts?
Saddle too low?
If you need help, ask an organiser.

3. **Remember** you will be riding on the public highway. Observe the HIGHWAY CODE. You ride at your own risk.
4. **Register** your name, route and time. If you are sponsored, you will need to note your mileage on completion of your ride(s), then ask the marshal to sign your form. Ensure you are carrying personal identification.
5. **Read** your chosen route. Carry it where it will not interfere with braking or steering. You are now ready to start on the **Sutton Cloverleaf Rides**.

Happy Cycling!

The Beeches Leaf

Approx. Miles	Instruction	Notes
0	Start eastwards along Throwley Road R Throwley Way (cycle track) Cross bus lane and Throwley Way using toucan crossings R to cross Carshalton Road (toucan crossings) to cycle track along Chalk Pit Way L Sutton Court Road Through cycle gap R Langley Park Road 8th L Crossways <i>care - traffic calming obstructions</i> R (T junction at Banstead Road/Banstead Road South) 1st L Beeches Walk <i>care - traffic calming obstructions</i> L (mini roundabout) Woodmansterne Road	
1.7	1st R South Rise (at top of small hill) 2nd L East Drive. Through opening at end (walk) S/O Fountain Drive and through further opening (walk) S/O Dingwall Road (no sign), Stanley Square, S/O Cranfield Road West and Cranfield Road East L (T junction) Pine Ridge 1st R Brambledown Road <i>you are now half way</i> 2nd L (mini roundabout) Boundary Road	
2.8	S/O (cross Stanley Park Road using cycle crossing) Continue along Boundary Road/Park Lane over railway bridge 2nd L Woodstock Road L Ashcombe Road <i>Carshalton Park on R</i> 1st L (pillar box) Park Avenue R (T junction) Grosvenor Avenue	
3.7	L Glebe Road and over railway bridge R after bridge, continuing on path <i>School field on L</i> 1st R (round metal barrier) Sussex Road (no sign) S/O at 3 junctions until main road S/O Waverley Way <i>care - steep hill down</i> S/O (cross Banstead Road) Downside Road Bear R (Upland Road) then L Hillcroome Road R (T junction) Eaton Road	
4.8	L Cumnor Road R Langley Park Road and under railway L through cycle gap into Sutton Court Road Cross to right hand lane after traffic lights R High Street S/O Cheam Road (toucan)	
5.4	Return to Town Square	Report to marshal

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The Rosehill Leaf

Approx. Miles	Instruction	Notes
0	Start northwards along High Street L into St.Nicholas Road L onto footway S/O at toucan crossing to cross St. Nicholas Way S/O Gibson Road R at multi-storey car park (Robin Hood Lane) S/O (Robin Hood Lane) 3rd R & L Clarence Road (no sign) <i>"Robin Hood" on R</i> R still Clarence Road (no sign) L & R Haddon Road R at St. Nicholas Way onto cycle track X St. Nicholas Way (SP Town Centre) S/O onto contra flow cycle track in Greenford Road (ignore "No Entry" sign) R High Street (ignore "No Entry" sign) L Benhill Avenue (cycle track) L Throwley Way (cycle track) Cross at traffic lights to Benhill Avenue 3rd L Benhill Wood Road (SP Rosehill) Cross Oakhill Road (mini roundabout)	
1.3	Bear R Elgin Road S/O Grennell Road (mini roundabout) R onto cycle path (SP Rosehill)	
2.1	L at cycle path (under pylons) R at Rose Hill to toucan crossing Cross Rose Hill on toucan S/O to cycle path <i>you are now half way</i> R at by-pass and cross using toucan R on cycle track and bear L into Green Lane (SP Lower Morden B278) <i>Thomas Wall Park on L</i> L (crossroads) Love Lane S/O (mini roundabout) under bridge to Forest Road L through gate into Daisy Field (SP Cycle route 208)	
3.3	R onto cycle track along by-pass (Reigate Avenue) cross Sutton Common Road and Alcorn Close (use toucan crossings) Cross Kimpton Park Way (use toucan crossing) L and cross by-pass (use toucan crossing) R on cycle track L Stayton Road continue under railway 1st R Pylbrook Road L at end onto path S/O Bushey Lane to path R at Crown Road L Collingwood Road (mini roundabout) L & R Robin Hood Lane <i>"Robin Hood" on L</i> S/O into cycle lane L Gibson Road (still cycle lane) S/O across St. Nicholas Way (toucan) S/O into St. Nicholas Road	
5.2	R into Town Square	Report to marshal

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The Wandle Leaf

Approx. Miles	Instruction	Notes
0	Start eastwards along Throwley Road L Throwley Way (onto cycle track) R at toucan crossing to cross Throwley Way L on cycle track R Greyhound Road R (T junction) Lind Road 1st L Vernon Road <i>jewelled house on L</i> 2nd L William Road <i>notice "Victory" pub sign on R</i> R at "Lord Nelson" Lower Road S/O continue along Westmead Road	
1.4	R at 3rd mini roundabout Shorts Road (under railway bridge) continue along one-way section L Carshalton Road L (traffic lights) Pound Street S/O at mini-roundabout to Carshalton Village	
2.0	L between the two Ponds (North Street) R at "Sun" pub. into Mill Lane R opposite Rochester Road L onto cycle track by river <i>River Wandle on R</i> Cross Papermill Close continuing on cycle track R onto Mill Lane	
2.3	S/O under railway bridge. <i>River Wandle on R</i> S/O River Gardens R path by river (before houses) <i>you are now half way</i> R Nightingale Road (care) cross river <i>The Hack Bridge</i> L onto path S/O keeping river on L L Culvers Avenue L Green Wrythe Lane (mini roundabout) R Fellowes Road	
3.9	L & R across Wrythe Lane to Farmington Avenue L Royston Avenue <i>Royston Park ahead</i> R Gassiot Way L Paget Avenue R Erskine Road S/O Oakhill Road L Benhill Wood Road (mini roundabout) R Benhill Avenue Cross Throwley Way at traffic lights to right hand lane R (still) Benhill Avenue L into High Street (give way to pedestrians)	
5.4	Continue to Town Square	Report to marshal

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